

Henry Boresch, Jack Bollette & Coaches Wrestling Awards

Nomination Guidelines

Sponsored annually by The Sussex County Mat Club

The Sussex County Mat Club will select 3 High School Senior wrestlers from Sussex County to receive these scholarship awards and plaques as recognition of his accomplishments. The criteria shall be weighed equally and are not in any order of priority.

1. Must be a HS Senior who has wrestled (in grammar school) in the Sussex County Mat Club.
- 2 Medalist in NJSIAA Tournaments: States, Regions, Districts
- 3 Dual Meet Record-Career Record.
- 4 Years of participation in Sussex County Elementary Wrestling Clubs.
5. Contributions to Wrestling.

Special consideration should be given to a wrestler who enters and succeeds in off-season tournaments (State and National, free-style/Greco-Roman, etc.)
Performs in other wrestling related areas (Coaches younger wrestlers, referees, or furthers Sussex County Wrestling in some way).

6. Character.
 - A role model for younger wrestlers
 - Asset to his community
 - Over-all good citizen

Each coach may recommend up to three candidates from any team in Sussex County

Nominations and voting to be held at the Sussex County mat Club's April Meeting.

Henry Boresch award is \$750.00

Jack Bollette award is 500.00

Coaches award is 250.00 new for 2007-2008 season

SUSSEX COUNTY MAT CLUB

ARTICLE II OFFICERS

1: Number, qualifications, elections and terms of office.

- a: The number of officers shall consist of four (4) unless and until otherwise determined by vote by the members at large,
- b: The executive branch of officers shall consist of a President, Vice-President, Secretary and Treasurer. Nominations shall be entertained at the February meeting with elections held at the March meeting. Installation shall take place at the conclusion of business at the April meeting,
- c: All incumbents may serve consecutive terms.
- d: Officers shall be elected to two (2) year terms according to the following schedule: President and Secretary shall be elected together in the odd numbered year, Vice president and treasurer shall be elected together in the even numbered year, (adopted March 2, 1998, effective with 1998-99 season)

2: RESIGNATION

Any officer may resign at any time by giving written notice to the President or the Secretary of the Club

3: FORFEITURE OF OFFICE

Officers may be removed from office for missing three consecutive regularly scheduled meetings.

ARTICLE III MEETINGS. NOTICE OF MEETINGS AND QUORUM

1. Meetings shall use Elementary Parliamentary Procedure
2. A quorum shall be comprised of a simple majority of members.
A quorum is necessary to conduct the business of the club.
3. The Mat Club shall meet the first Monday of each month at 7:30PM or 8PM during season to accommodate coaches.
(except September which is the second Monday) at a designated place.

Sussex County Mat Club

4. A fine shall be imposed to any team not represented according to the following schedule: \$25.00 for the first occurrence- \$50.00 for each missed meeting after. This does not carry over to the next season.
5. Special meetings: The president (and only the president) shall have the power to call special meetings (by mail, e-mail or phone).

Article IV Wrestler Eligibility

1. **Wrestlers must not exceed the eighth grade in order to be eligible to -wrestle in the Sussex County Mat Club.**
2. Wrestler may not exceed age 15 by October 15th of the current season.
3. There is no minimum age limit to wrestle varsity.
4. Children must wrestle for the school they attend or the town that they live in. * see next page
5. If a team does not **permit** a wrestler to participate with thier team then that individual may wrestle with any team that will take them.

Article V Team Representation and Characteristics

1. A team must be sanctioned by their school or mat club.
2. Only wrestling teams from S.C. can participate in the mat club program and compete in the Sussex Varsity Tournament
3. Teams must wrestle at least seven matches with teams from the Sussex County Mat Club in order to be eligible for the Sussex County Tournament.
4. An exception will be made if weather contributes in not being able to complete the scheduled matches.

The following teams are members of the Sussex County Mat Cub:

BRANCHVILLE(Branchville-Frankford-Lafayette)
HAMPTON(Hampton-Sandyston-Walpack)
HOPATCONG
LENAPE VALLEY(Byram-Netcong-Stanhope)
NEWTON(Newton-Andover-Green)
PRIDE (Rev. Brown-Immaculate-St. Josephs)
SPARTA
STILL WATER -FREDON
SUSSEX-WANTAGE
SUSSEX-CHRISTIAN **see note next page
VERNON
WALLKILL VALLEY (Hamburg, Hardyston, Franklin, Ogdensburg)

- Sussex County Mat Club

Sussex Christian may draw wrestlers from their school as well as any Home schooled student who lives in the Sussex Wantage school District.

Futhermore, any wrestlers who appeared on the 2004-05 roster with S.C are Grandfathered as part of the Sussex Christian team.

Note: If a wrestler attends a private school that does not have a team he must wrestle for the town he lives in, not the town the private school is located in.

SUSSEX COUNTY MAT CLUB

ARTICLE VII WEIGHT CLASSES AND CERTIFICATION

1. Competition shall be divided into twenty (20) weight classes as follows:

	pounds		pounds
1.	55	11.	96
2.	60	12.	100
3.	64	13.	107
4.	68	14.	114
5.	72	15.	121
6.	76	16.	128
7.	80	17.	135
8.	84	18.	145
9.	88	19.	175 (minimum--147)
10.	92	20.	275 (minimum --177)

2. On January 1st and again on February 1st, all weight classes will increase one (1) pound. This will make the total weight increase of two (2) pounds during the course of the season.
3. Weighing in team members plus one coach and one assistant coach from each team shall constitute those present at weigh-ins. All other persons are barred from weigh ins.

Junior varsity wrestlers need not weigh-in.

4. All weight Classes are worth six (6) team points for a forfeit. All weight classes count 55-275
5. Weight Control and Certification.

- a. Hard weight: The Dec. or beginning weight for each weight class.
Example: 72 lbs. is the hard weight for 72 lb. weight class.
- b. A wrestler must qualify at hard weight and wrestle at least 50% of his bouts at that weight to be eligible to wrestle that same weight in the County Tournament. Any wrestler who has three weight classes with an equal number of bouts in each class will only be allowed to wrestle in the higher weight class in the County Tournament. Any wrestler who has wrestled in three weight classes would have to wrestle in the weight class in which he has the majority of his matches.
Example: 5 matches at 80, 4 at 85, 3 at 90. Wrestler must enter the tournament at 80 lbs.

***REGARDLESS OF WINS AND LOSSES**

- c. Forfeits count as wins for seeding

SUSSEX COUNTY MAT CLUB

- d. A JV wrestler that wishes to wrestle in the Varsity County tournament may hard weight at the tournament weigh-in and must enter with an 0-0 record
- e. A Varsity wrestler must weigh-in at the December Hard Weight at least once during the season to qualify for the Tournament. A wrestler cannot hard weight at the County Tournament.

Certification takes effect if...

Clause 1. the wrestler receives a forfeit

Clause 2. two wrestlers weigh-in and only one wrestler wrestles; the wrestler who does not wrestle meets Hard weight

Clause 3. the wrestler wrestles or weighs-in for only one match

- f. Exceptions to Sections B and E are possible in case of Illness, injury, or Emergency. A junior varsity wrestler can wrestle in place of a varsity wrestler if...

Clause 1. the junior varsity wrestler's name is on the team roster.

Clause 2. both the exception in section F and the acceptance of clause 1 must meet the approval of the majority of the total membership.

ARTICLE VIII SCORING

- 1. Periods shall be three periods in each individual bout. First period – one minute standing-(neutral) Second period - two minutes -top, bottom neutral defer choice, Third period - two minutes- top bottom neutral Overtime -one minute on feet (first points scored) Then each wrestlers then gets a 30 second period to escape. If still tied one wrestler gets choice of top or bottom if that wrestler escapes or rides out the other he is the winner. Per NJSIAA rules.

ARTICLE IX DUAL MATCHES

- 1. Match timers shall be competent people approved by both school's coaches.
- 2. Scorers shall be competent people and have scores in full view of wrestlers and spectators.
- 3. The timers signal shall not be a whistle, but an adequate device, such as a horn.

SUSSEX COUNTY MAT CLUB

4. A team consists of a roster of at least ten (10) members who must wrestle varsity bouts.
5. A Team must compete against other teams in at least eight (8) out of twenty(20) weight classes and fulfill Article V, Rule 3 (Teams must wrestle at least seven teams from the SCMC in order to be eligible to wrestle in the SCMC Tournament).
6. Any team which does not meet these requirements, such matter shall be brought up before the Mat Club for review, interpretation and decision.
7. Any open draw area may wrestle when they establish a team as defined herein.
8. The Mat Club must decide who may enlarge its draw, if a previously sanctioned team is disbanded. Any open draw area may join with other open draw area to form a team, and then apply for admission to the Mat Club.

ARTICLE VI RULES AND REGULATIONS OF THE MAT CLUB

1. All rules and regulations shall be in accordance with the NJSIAA Rules with the exceptions noted herein.
2. All coaches shall keep accurate records of individual bouts wrestled by team members (which include Wins, loses, and weight classes wrestled).
3. Any additions to the roster of a team must be presented by the January meeting of the Mat Club. January 15 is also the last day wrestlers may join a squad and be eligible for the County Tournament. Roster enlargements during the interim (January meeting and January 15) must be brought to the attention of the Mat Club President and Secretary. This is solely the coach's responsibility.
4. It is the responsibility of the coaches (and their representatives) of each individual team to promote sportsmanship and harmony between teams and spectators to such an extent that efforts are made to set guidelines and inform the wrestlers, parents, and general spectators as to the kinds of behavior that are appropriate in keeping with the philosophy of the Mat Club.

SUSSEX COUNTY MAT CLUB

ARTICLE X AMENDMENTS

1. Amendment may be made to these by laws during the normal meetings of the mat club and must be approved by majority vote of club members.
2. Passage of amendments shall take place at the next regular meeting after said proposal is made.
3. Repeal of amendments may be entertained at regular meetings and must be approved by majority vote of club members.

JV Eligibility rules

Any wrestler who has not appeared on a Varsity bout sheet is eligible to wrestle in the JV Division. If he has appeared, even once, on a Varsity bout sheet he cannot wrestle in the JV Division.

Exception:

If he is filling in on Varsity for an injured/sick Varsity wrestler he can still wrestle in the JV division at the JV Tournament as long as the injured/sick wrestler is back in the Varsity line up and will wrestle in the Varsity tournament. If that weight class isn't filled at the tournament that JV wrestler must fill that weight class in the Varsity tournament, and can't wrestle in the JV Tournament.

Novice Eligibility rules

All novice wrestlers must be 9 years old or younger. No one 10 yr or over is considered novice for the Novice tournament and must wrestle in the JV Division at the tournament.

No wrestler with more than 3 years experience will be considered Novice by the Sussex County Mat Club, for our league, and must wrestle in the JV Division at the Sussex County Mat Club JV / Novice tournament.

Explanation of years experience:

Wrestling season starts in Oct (practices with matches starting approximately Dec 1)

This will be considered year 1 for all new beginning wrestlers, regardless of age or what you call them. (novice, clinic, beginner, etc.)

There is no ZERO year.

Thus in Feb at the end of each season it shall be:

ALL FIRST YEAR wrestlers (regardless of age or what you call them (novice/clinic etc.)

1 year experience

Second year wrestlers 2 years experience

Third year wrestlers 3 years experience and last year he/she is eligible for Novice Division.

Note for coaches: We would hope that if you have an exceptionally good novice wrestler in his 3rd that you would be fair to the first year kids and move this Wrestler up to the JV division.

(I saw on the rosters I received one team that has what they list as clinic wrestlers And then another group of novice kids. These clinic kids are in their first year and it must be counted as year one. Not year Zero.)

Sussex County Mat Club

Varsity Tournament Format

Double elimination tournament wrestling back to 5/6 place

Team scoring will be kept as per rule book guidelines

Points for advancement will be scored from the quarter final rounds on. If a prelim match does occur then those wrestlers may only score bonus points in that round.(Maj. Dec., Tech Fall, Fall)

Team trophies will be awarded for 1st. 2nd. 3rd. 4th.

Any wrestler who competes hi the varsity tournament is ineligible to compete in the JV tournament. As well as if a wrestlers name appears on a varsity bout sheet 1 or more times during the season then they to are ineligible to compete in the JV division. In the event that a wrestler has lost there spot due to wrestle off and does have 1 or more appearances on a bout sheet they can wrestle in the JV division as long as team they are on has another wrestler entered in the Varsity division at that same weight.

Criteria and procedure for seeding Varsity Tournament:

1. For each weight class- All wrestlers names, overall record, record in weight class and previous year varsity county tournament place finish(1-4) shall be displayed in front of the head coaches for consideration. The record in the weight class will be used to erase loses in order to be seeded
2. A wrestler must appear on a varsity bout sheet at least 4 times in order to be seeded
3. If a wrestler from another weight class beats your wrestler in there own weight class then that loss may be subtracted from there record before seeding begins. As well as if your wrestler lost a match to someone who is not on the board at the time that weight class is seeded then that loss will also come off of the record.
4. If a round robin occurs, or there is a challenge for a seeded position, THEN the following CRITERIA shall be considered:
 - a. Overall Record (10-0 is better than 9-0)
 - b. Head to Head
 - c. Returning medalist from previous year only
 - d. Common Opponent(league only)

No on criteria takes precedence over another. Meeting more of the criteria is important. If wrestler A meets two of the and wrestler B meets none, then wrestler A gets the seed. However if wrestler A and B are within one criteria of each other, then a vote by the coaches shall determine the seeding. The Head coach shall have two minutes to speak about his wrestler prior to the vote.

Note about weigh ins:

If weigh ins are to be on Feb 1 for the County tournament and a team has a match on Jan 31, they will only receive the one pound weigh allowance for Feb 1. The extra courtesy pound normally given if a team wrestles, or weighs in, two days in a row will not be given in the case. A vote was taken and it was determined that a growth allowance was sufficient. 1/30/2008.

